Ive Andrića 23, 71420 Pale +387 65 057 961 bojan.bjelica@ffvis.ues.rs.ba Faculty of Physical Education and Sports University of East Sarajevo

BIOGRAPHY & BIBLIOGRAPHY



Bojan Bjelica was born on September 14, 1987 in Sarajevo, Centar Municipality. Due to unwanted hostilities and the difficult situation, he moved to Serbia in 1992, and in April 1994 he returned to the borders of Republika Srpska - Pale. He enrolled in primary school in 1994 in Pale, Pale municipality. He continued his education in 2002, enrolling in the High School of Civil Engineering, also in Pale. After completing primary and secondary education, Bojan decides to continue his education at the Faculty of Physical Education and Sports. As a student of the Physical Education program, on January 21, 2011, he graduated with the highest grade and acquired the title of professor of Physical Culture. The great effort and effort he invested during

his studies brought him the recognition of a student of the generation, which was a new stimulus for him to continue his studies. In the period 01.06.2012, years until 01.06.2013, engaged in volunteer work in the Administrative Service of the City of East Sarajevo. The following year, he enrolled in master's studies. July 9. In 2013, he acquired the title of Master of Physical Culture on the topic: "Correction of impaired posture of younger school-age students by individual exercise of aerobic gymnastics content." Along with his studies, he wrote several significant research papers. He expands his further ambitions in the field of informatics, as well as knowledge of foreign languages. In addition to his mother tongue, he is fluent in English. In addition to his great devotion to sports, especially skiing, his work continues in the ski school "VIP" Jahorina. During the time spent in this sport, within the ski federation of RS / BiH, passes the exam for possession of a ski license and thus becomes an active member of the Association of Ski Coaches and Teachers. Since April 2014, he has been working at the Faculty of Physical Education, University of East Sarajevo as an assistant in the subject of Sports Recreation. In October 2014, he enrolled in Doctoral Academic Studies in Nis, Republic of Serbia. Doctoral dissertation on the topic: "Effects of group fitness programs on women's health fitness". In May 2017, he started working at the Faculty of Economics in Palam and works as an assistant in the following subjects: Economics of Sports, Economics of Sports and Entertainment. In March 2018, he received the title of senior assistant at the Faculty of Physical Education and Sports at UIS. In September, he acquired the title of Doctor of Science - Physical Education and Sports at the Faculty of Sports and Physical Education in Nis.

Since 2016, he has been a member of the ANTHROPOLOGICAL SOCIETY OF SERBIA. He is a member of the editorial boards of numerous journals, some of which are: INTERNATIONAL JOURNAL OF PHYSICAL EDUCATION, SPORT AND HEALTH in India, GLOBAL SCIENTIFIC RESEARCH JOURNAL OF SPORTS MEDICINE, Illinois

ITALIAN JOURNAL OF SPORTS REHABILITATION AND POSTUROLOGY.Editorial Board Member of SCIREA JOURNAL of HEALTH, Editorial Board Member of SCIREA JOURNAL of EDUCATION, JOURNAL of SPORTS MEDICINE and THERAPY, EDUCATION JOURNAL (USA), JOURNAL OF PHYSICAL FITNESS, MEDICINE AND TREATMENT IN SPORTS (USA).

In short, Bojan is an ambitious, confident and innovative person, ready to make up for the lack of experience with diligence.

BIBLIOGRAPHY

(Papers before the last election)

- **Bjelica, B.,**Šiljegović, T., & Kurtović, B. (2014). Frequency of improper posture in boys of VII and VIII grade of primary school Sport and health, 9 (2), 10-14.
- 2. Cicović, B., Bjelica, B., & Pržulj, R. (2014). Relationships of functional abilities with agility results in young judokas. (ed.) Danko P. Sport and Health, 9 (2), 14-19.
- Martinović, D., Branković, P., Ujasi, D., & Bjelica, B. (2014). Target orientations of adolescents to different physical activities. Methodological Practice, 1 (13), 33-39.
- **4. Бјелица, Б.**(2015). Review of research in the field of alpine skiing. Methodological Practice, 2 (13), 47-54.
- Pelemis, V., Martinovic, D., Bjelica, B., & Nikolic, S. (2014). Differences in motor abilities as a determinant of the application of kinesiological treatment. Educational Technology, 1, 9-22.
 - Novaković, V., Đorđević, S., Aleksandrović, M., Pivač, N., & Bjelica, B. (2015). The incidence of lordotic deformity in children under the age of 15 in the Republic of Serbia:
- a systematic review. In S. Pantelic (Ed). XIX Scientific Conference "FIS Communications 2016" in physical education, sport and recreation (291-294). Nis: Faculty of Sport and Physical Education, University of Nis.
- **Bjelica, B.**, & Ranđelović, A. (2015). Sports and recreational activities and their impact on the quality of life of the elderly. (ed.) Danko P. Sport and Health, 10 (1), 5-12.
- **8. Bjelica, B.,**& Pržulj, R. (2015). Influence of complex motor exercises on patients with cerebral palsy. (ed.) Borislav C. Sport and Health, 10 (2), 72-77.
- **Bjelica, B.,**Gojković, D., & Fulurija, D. (2016) Effects of Zumba dance on body composition and health improvement in women. (ed.) Borislav C. Sport and Health, 11 (2), 5-10.
- Ćirović, V., Bjelica, B., & Pivač, N. (2016). Effects of programmed exercise on the postural status of the spine of lower grade students. UM Đuričković, editor (s). Summary book of the first International Conference Our Creation "Educator in the 21st Century", (p. 38). Aleksinac: High school for educators of vocational studies.
- Cicović, B., Bjelica, B. & Miljić, R. (2016) Significance of differences in performing separate eurofit battery tests between boys of VI and VII grade. Sport and Health, 11 (2), 11-15
- Perović, T., Fulurija, D., & Bjelica, B. (2016) Differences in morphological characteristics in boys aged 10 to 13 years. (ed.) Borislav C. Sport and Health, 11 (1), 37-43.
- Fulurija, D., Perović, T., Gojković, D., Bjelica, B., & Majstorović, D. (2016) Relations between motor abilities and success in performing elements on the ground. V. Šeparović (ed.) Proceedings of the IX International Congress "Sport and Health". (69-73). Tuzla: Faculty of Physical Education and Sports.
 - **Bjelica, B.,**Ćeremidžić, D., Fulurija, D., Ćeremidžić, T., Gojković, D., & Pržulj, R. (2016)
- Effects of Zumba dance on the body composition of women. V. Šeparović (ed.) Proceedings of the IX International Congress "Sport and Health". (77-82). Tuzla: Faculty of Physical Education and Sports.
- Gojković, D., Fulurija, D., Bjelica, B. (2016). Prevention of postural disorders of the spine in children in class. XIV International Scientific-Professional Conference. 22.-23. April.

- A. Naumovski (Ed). Lake Mladost, Veles. Federation of the sports pedagogues of the Macedonia. Research in Kinesiology, 7 (2), 105-110. (pending delivery of complete work).
- Bjelaković, Lj., Živković, M., Antić, V., Randjelović, L., Bjelaković, B., & Bjelica, B. (2016). Self-perceived health status and life satisfaction among students of the Faculty of
- **16.** Sport and Physical Education students at the University of Nis. UMD Madić, editor (s). Summary book of the Fourth International Conference "Exercise and Quality of Life", (p. 140). Novi Sad: Faculty of Sports and Physical Education.
- Pavlović, R., Bjelica, B., Bonacin, D., Pržulj, R., Stojanović, N. (2017). Differences in motor abilities manifestations depending on quantitative parameters of Body Mass Index of students. European Journal of Physical Education and Sport Science, 3 (8), 64-81.

18.

- Pavlović, R., Idrizović, K., Dragutinović, S., Bjelica, B., Joksimović, M. (2017). Skeletal muscles: Physiological-bioelectric and energy features, contraction intensity and strenght. European Journal of Physical Education and Sport Science, 3 (2), 1-18.
- **Бјелица, Б.**, Fulurija, D., Ivanović, B. (2017). Effects of different fitness programs on load intensity and caloric consumption. Sport and Health, 12 (1), 5-11.
- Stević, D., Mitrović, N., Cicović, B., & Bjelica, B. (2017). Differences in the body mass index in children attending the school of sports of the Faculty of Pedagogy. VIII Scientific
- Conference with International Participation. (Ed.) D. Stević. Faculty of Education in Bijeljina. (magazine in progress)
- Perović, T., & Bjelica, B. (2017). Differences in functional abilities of boys aged 10 to 13. Activities in Physical Education and Sport, 7 (1), 79-83.
- D'Onofrio, R., Nikos, A., Jaymin, B., Mehul, P., Bjelica, B., Joksimović, M., Paolo, A., Andrea, L. (2018). Asymmetry in the quadricipite / cruciform ratio and its correlations with muscle lesions. Italian Journal of Sports Rehabilitation and Posturology, 6 (1), 1152-
- with muscle lesions. Italian Journal of Sports Rehabilitation and Posturology, 6 (1), 1152-1166. **Bjelica, B.**, Joksimović, M., Seisenbekov, Y., D'Onofrio, R., Šiljegović, T. (2018). The
- 24. Effect of Pilates program on motor skills and morphological characteristics of women. Italian Journal of Sports Rehabilitation and Posturology, 5 (2), 1063-1074.

Works after the last election

- **Bjelica, B.,** Cicovic, B., Stevic, D., D'Onofrio, R., Perović, T., Pržulj, R., Mitrović, N. (2020). Effects of creatine monohydrate (CR) to muscle strength and body composition. Italian Journal of Sports Rehabilitation and Posturology, 7 (3), 1624-1637.
 - Aksović, N., **Bjelica, B.,** Joksimović, M., Skrypchenko, I., Filipović, S., Milanović, F., Pavlović, B., Ćorluka, B., Pržulj, R. (2020). Effects of aerobic physical activity to cardio-
- respiratory fitness of the eldery population: systematic overwiew. Pedagogy of Physical Culture and Sports, 5, 208-218.
- **Bjelica, B.** (2020). Effects of group fitness programs on body composition of woman. Facta Universitatis, Series Physical Education and Sport, 18 (2),345 354.
 - **Bjelica, B.,** Aksović, N., Alempijević, R., Zelenović, M., Dragović, I. (2020). Effects of
- **28.** creatine monohydrate on strength and body composition. Sport and Health, 1 (1), accepted in the process of printing.
- **Bjelica, B.,**Milanović, Lj., Aksović, N., Zelenović, M., & Božić, D. (2020). Effects of physical activity to cardiorespiratory changes. Turkish Journal of Kinesiology, 6 (4), 164-174.
- **Bjelica, B.,**Gojković, D., Pržulj, R., Cicović, B., Joksimović, M. (2018). Connection between morphological characteristics and vertical jump stiffness of female volleyball players. International Journal of Physical Education, Fitness and Sport, 7 (1), 17-23.
- Karačić, S., Gojković, D., **Bjelica, B**., Fulurija, D., Pržulj, R. (2018). Impact of program for correcting lordosis to changes in motor abilities of elementary school students. Journal of Physical Fitness, Medicine & Treatment in Sports. 3 (3), 1-6.
- **32.** Ćeremidžić, D., Ćeremidžić, T., Perović, T., Bjelica, B. (2018). Differences in the level of basic and spesific motor abilities of basketball players with respect to their position in the

- team. XXI FIS Communications 2018. International Scientific Conference, Book of Proceedings, 105-110.
- Cicovic, B., Ćeremidžić, T., **Bjelica, B.,** Ćeremidžić, D. (2018). Effects of strong zumba on the morphological characteristics and body composition of women. 5th International
- 33. Scientific Conference "Anthropological and theanthropological view of physical activities from Constantine the Great to the present day. Collection of Abstracts, Kopaonik 21.-24. March 2018 (magazine in progress).
- Fulurija, D., Joksimović, M., **Bjelica, B.** (2019). Application of the Analytical, Synthetic and Complex Methods in the Teaching Exercises on ground and currency in Student population. Asian Exercise and Sport Science Journal, 3 (1), 24-33.
- Joksimović, M., **Bjelica**, B., D'Onofrio, R., Šljivić, M., Jeremić, S. (2020). Analysis of the somatic status of elementary school students. Italian Journal of Sports Rehabilitation and Posturology, 7 (1), 1421 1430.
 - Micovic, D., Fulurija, D., Ceremidzic, T., Bjelica, B., Jovanovic, D'Onofrio, R. (2020).
- Changes in functional abilities of students aged 11 and 12 after application of educational content of acrobatics. Italian Journal of Sports Rehabilitation and Posturology, 15 (7), 1638-1650.
- D'Onofrio, R., Padasala, M., **Bjelica, B.,** Hussain, S., Bhatt, JH (2021). The meniscal injuries in the soccer player: clinical field tests in closed kinetic chain. Validity and applicability. *Italian Journal of Sports Rehabilitation and Posturology*, 16 (8), 1651-1672.
- **Bjelica, B.** (2020). Effects of group fitness programs on body composition of woman. Facta Universitatis, Series Physical Education and Sport, 18 (2), 345 354.
 - Aksovic, N., Bjelica, B., D'Onofrio, R., Milanović, F., Nikolić, D., Pržulj, R. (2022).
- **39.** Kinematic Analysis of Basketball Jump Shot. Italian Journal of Sports Rehabilitation and Posturology, 9 (20), 2; 4, 2107-2116.
 - Zijad, D., Fulurija, D., Pržulj, R., **Bjelica, B.,** Joksimović, M., Božić, D., Milanović, Lj. (2020). Effects of sport gymnastics to motor abilities of 11 to 12 years old children.
- **40.** Abstract book, The seventh international scientific conference "anthropological and theoanthropological views on physical activity from the time of constantine the great to modern times, 19-20. March, 39 p.
 - Zelenović, M., **Bjelica**, **B.**, Lučić, S., Božić, D., Pržulj, R., Đorđević, D. (2020). The impact of plyometric training on explosive strenght in sports. Abstract book, The seventh
- 41. international scientific conference "anthropological and theo-anthropological views on physical activity from the time of constantine the great to modern times, 19-20. March, 41 p.
 - Pržulj, R., **Bjelica, B.,** Aksović, N., Božić, D., Fulurija, D., Cicović, B., Zelenović, M., Lučić, S. (2020). Effects training with medicine ball to motor ability children. The impact
- 42. of plyometric training on explosive strength in sports. Abstract book, The seventh international scientific conference "anthropological and theo-anthropological views on physical activity from the time of constantine the great to modern times, 19-20. March. Aksović, N., Šehović, S., **Bjelica, B.,**D'Onofrio, R. (2022). Physiological load in physical
- **43.** education classes. Italian Journal of Sports Rehabilitation and Posturology, 9 (20); 2-5, 2117-2127.
- **Bjelica, B.,** Aksovic, N., Cicovic, B., Milanovic, Lj. (2021). Effects of different physical activities on the body composition of middle-age people. Facta Universitatis: Series Physical Education and Sport, 19 (1), in the process of printing.
 - Aksović, N., **Bjelica, B.,** Milanović, F., Kocić, M., & Bubanj, R. (2020). Vertical jump in
- basketball and handbal players. Facta Universitatis: Series Physical Education and Sport, 18 (3), in the process of printing.
- Zelenović, M., **Bjelica, B**., D'Onofrio, R., Bosiljčić, S. (2021). Overview of the current research about anthropological space of male and female young scholars. Italian Journal of Sports Rehabilitation and Posturology, 8 (16) 1-4, 731-1744
- Manojlović, N., **Bjelica, B.,** Aksović, N., D'Onofrio, R. (2022). The effects of a specific exercise program on the motor abilities of children and youth with special needs. Italian Journal of Sports Rehabilitation and Posturology, 9 (21), 3-5, 2202-2210.
 - Milanovic, Lj., Bjelica, B., Cicovic, B., Djordjevic, D. (2022). Influence of physical
- **48.** activity on body composition. Italian Journal of Sports Rehabilitation and Posturology, 9 (21); 3-6, 2211-2224.

- Colombo, V., D'Onofrio, R., Bjelica, B., & Aksović, N. (2020). Blood Flow Restriction -
- **49.** RE in rehabilitation and in degenerative articular pathology. Italian Journal of Sports Rehabilitation and Posturology, 2023; 10 (22); 1; 3; 2278-2291
 - Salernitano, G., D'Onofrio, R., Colombo, V., Bjelica, B., Zelenović, M. (2023).
- 50. Prevalence of FAI morphology type Cam in athletic athletes at high altitude. Italian Journal of Sports Rehabilitation and Posturology, 10 (22); 1; 5; 2306 2319. Djordjevic, D., **Bjelica, B.,** Milanovic, Lj., Stankovic, M., Zelenovic, M., Bozic, D. &
- 51. Przulj, R. (2021). Systematic review: Straight foot. Asian exercise and sport science journal, 5 (1), 21-28.
 - **Bjelica, B.**, Cicović, B., Milanović, Lj., Zelenović, M. & Božić, D. (2021). Use a modern
- **52.** methods for evaluation of motor performance. International journal of physical education, fitness and sports, 10 (1), 10-15.
 - Aksović, N., Milanović, F., **Bjelica, B.,** Nikolić, D., Jovanović, N. & D'Onofrio, R. (2021).
- **53.** Analysis and overview wheelchair basketball. Italian Journal of Sports Rehabilitation and Posturology, 10 (23); 2; 2, 2335-2385.
- **Bjelica, B.,** Aksović, N., Bubanj, S., Milanović, LJ. (2021). Prevalence and problems caused by postural disorders: A review. International Scientific Conference "Contemporary Challenges of Sports, Physical Exercise and Active Life" Belgrade, 14-15. May.

EDITORIAL BOARD IN MAGAZINES

- 1. INTERNATIONAL JOURNAL OF PHYSICAL EDUCATION, SPORT AND HEALTH (India)
- 2. GLOBAL SCIENTIFIC RESEARCH JOURNAL OF SPORTS MEDICINE (Illinois, USA)
- **3.** JOURNAL OF EDYCATION (Science Research Association)
- **4.** JOURNAL OF HEALTH (Science Research Association)
- 5. ITALIAN JOURNAL OF SPORTS REHABILITATION AND POSTUROLOGY (Italy)
- **6.** JOURNAL OF SPORTS MEDICINE AND THERAPY (Texas)
- **7.** EDUCATION JOURNAL (USA)
- **8.** JOURNAL OF PHYSICAL FITNESS, MEDICINE AND TREATMENT IN SPORTS (USA).