## **CURRICULUM VITA**

- 1. Name of the teacher : Dr. Kishore Mukhopadhyay
- 2. Father's Name : Mr. Kanai Lal Mukhopadhyay
- 3. Date of Birth : 24.08.1969
- 4. WhatsApp number and e-mail address: 9433564876, kishore.km2007@gmail.com
- 5. ORCID iD: https://orcid.org/0000-0001-5384-837X
- 6. Name of the college: UNION CHRISTIAN TRAINING COLLEGE
- 7. Name of the Department : Department of Physical Education
- 8. Present Designation : Associate Professor
- 9. Date of Joining the college : 28.10.2004
- 10. Address : Flat No-303, Santi Abasan, 30 No. Ambikababu Lane, P.O- Khagra,

Dist- Murshidabad, Pin-742103, West Bengal, India.

#### **11. Educational Qualification :**

Degree received	Name of University	Year	Distinction/ rank	Any other additional information
B.Sc (Bio)	Calcutta University	1990	Distinction	
B.P.Ed.	Kayani University	1992	4th	
M.P.Ed.	Kayani University	1994	1st	Merit Scholarship holder in M.P.Ed 1 <sup>st</sup> year, Education Faculty 1 <sup>st</sup> Class 1 <sup>st</sup> in M.P.Ed-1994
Ph.D	Jiwaji University	1998		Junior Research Fellow, UGC

#### **12. Awards and Honours:**

Name of Award	Year	Authority
Satish & Tulusi Manna Memorial Awards	1994	University of Kalyani
Selected in the young Scientist Catagory	1995	Indian Science Congress Association
Junior Research Fellow Awards	1993	UGC
Best Poster Presenter Awards	2013	International Conference(ICFTPE-2013) at Punjab University, Patiala.
Selected for InSc Research Excellence Awards	2020	Institute of Scholars (InSc)
Selected for InSc Academic Excellence Awards	2020	Institute of Scholars (InSc)
Selected for " <b>Best Researcher Award</b> " in "International Scientist Awards on Engineering, Science and Medicine"	2021	VDGOOD TECHNOLOGY FACTORY
	Selected in the young Scientist Catagory Junior Research Fellow Awards Best Poster Presenter Awards Selected for InSc Research Excellence Awards Selected for InSc Academic Excellence Awards Selected for "Best Researcher Award" in	Selected in the young Scientist Catagory1995Junior Research Fellow Awards1993Best Poster Presenter Awards2013Selected for InSc Research Excellence Awards2020Selected for InSc Academic Excellence Awards2020Selected for "Best Researcher Award" in "International Scientist Awards on Engineering,2021



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## 13. Other courses

Туре	Name of course	Year of	Organization	Origin
		passing		
Diploma	Nutrition, Therapeutics and Health	2020	ALISON	UK
Diploma	Introduction to Human Physiology	2020	Duke University	USA
Diploma	Human Anatomy and Physiology	2020	ALISON	UK
Diploma	Diploma in Yoga Education	Appeared	NSOU	India
International	Diploma in Health and Wellness	Going on	Udemy	
Accredited		_	-	
Diploma				
Certificate	Exercise Physiology	2020	Udemy	Turkey
Certificate	Computer Application	1997	ICC	India
Certificate	Editorial Work	Going on	PKP School	Simon Frasher
				University
				(Columbia)

# 14. Total Experience ( Teaching /Research /Administration) in years

	Teac	ching experience	in college	
Name of the	Date of Joining and	Post held up	Duration	Total length of teaching
Institute	Designation	to		experience
UCT College	28.10.2004, lecturer	Till date	28.010.2004-	15 years
	in Physical		Till date	
	education			
Research experiences in college				
Name of the	Date of Joining and	Post held up	Duration	Total length of research
Institute	Designation	to		experience
UCT College	28.010.2004,	Till date	28.010.2004-	15 years
	lecturer in Physical		Till date	
	education			
Administrative ex	perience in other organi	zation		
Name of the	Date of Joining and	Post held up	Duration	Total length of
Institute	Designation	to		Administrative experience
School	30.3.1998 Dist	27.10.2004	30.3.1998-	6 years
education	organizer of Phy.Edu		27.10.2004	
department,				
Govt. Of W.B.				
UCT College	1.7.2009	30.6.2016	1.7.2009-	7 years
	Head of the		30.6.2016	
	Department			
UCT College	1.07.2015	Till date	1.07.2015-Till	4 years
	,Governing body		date	
	teacher			
	representative			
UCT College	1.07.2008,	30.6.2009	1.07.2008-	1 year

Secretary TC 30.6.2009				
Secretary 10 30.6.2009		20 < 2000	а <u>т</u> а	
		30.6.2009	Secretary 11	
50:0:2007		50.0.2007	beeletary, ic	

# 15. Description of research work, Publications, Projects:

### A) LIST OF PUBLICATION OF CHAPTERS IN BOOK :

Sl. No.	Year	Name of the Book	ISBN No.	Title of the Chapter
1	2014	Peace Education	978-81927386-1-1	"Importance of Athleticism for Minimising the Social Inequality Gap "
2	2016	Higher Education		"Health, wellness and Fitness: A lifetime Approach"
3	2020	"TeachingCovid 19 Oppertunities "	Accepted, yet to publish	Virtual teachingLearning"
4	2020	International Multidisciplinary Book	978-1-716-74325- 2	"Intervention of Yoga for Health and Quality of Life"
5	2020	International Multidisciplinary Book	978-1-716-74325- 2	Concept of Yogic Education
6	2020	Concept of Education	978-93-89840-98- 8	Effective teaching strategies in physical education
7	2021	International Edited Environmental Education Book	978-1-26492-4	"Mode of teaching Environmental Education Non formal "

**B**) BOOK PUBLICATION :

S1.	Name	Place	Publisher	ISBN number	Year
No.					
1	Sarir Siksha Prasanga	Kolkata	SS Publication	978-81-908436-8-	2008
	Total 9 editions			3	
2.	Training induced	Kolkata	SS Publication	978-81-908436-2-	2010
	Cardiac Hypertrophy			1	
3.	Naimittik Sarir Siksha	Kolkata	SS Publication	987-93-85-122-13-	2016
				2	
4.	Athletic Heart	Kolkata	SS Publication	978-93-85122-	2018
				46-0	
5.	Snatak stora Sarir	Kolkata	SS publication	978-93-85122-32-	2018
	Siksha			3	
6.	Sarir Siksha Prasanga	Kolkata	SS Publication	978-81-908436-8-	2020
	Total 9 <sup>th</sup> edition			3	
7.	Objective Physical	Kolkata	SS publication	In Press	2021
	Education				

## C) MINOR RESEARCH PROJECT (COMPLETED) :

Sl.	Title of the Project	Name of the	Sanction	Sanction
No		Funding Agency	No.	Amount
1.	"Effect of Conditioning, Deconditioning and Reconditioning on Left Ventricular Morphology,	UGC	F.PHW- 71/07-08	Rs.96,000/

	Functions and Catecholamine Responces of adult males"		(ERO)	
2.	"Effects of Eight Weeks Swimming Training on	UGC	PHW-1	Rs.1,17000/
	Health Related Physical Fitness and Selected		74/13-14	
	Biochemical Changes of Adult Male"			

### D) RESEARCH PAPER PUBLICATIONS :

- 1. "Observation of Injuries at different Levels of Cricket Tournaments", **Research Biannual** for Movement, 12, 1, P-50, 1995.
- 2. "Cardiac Dimensions of Training on Adolescent Males", Journal of exercise & Sports Science and Physical Education, VI, I,P-5, 2003.
- 3. "Injury Profile of Physical Students at a glance", Unmesh, 0974-9829, 5, 1&2,P-51, 2009.
- 4. "Left Ventricular Dimensions of Adolescent Males :A 12 weeks Interval Training Report", Journal of Exercise Science and Physiotherapy, 0973-2020, 5, 2,P-91,2009.
- 5. "Effect of Interval Training on Left Ventricular Functions of Adolescent males", **Journal of Sports and Sports Sciences**, 33, 1,P-22, 2010.
- "Roentgenographic Evaluation of Cardiac volumes in Response of Training on Adolescent Males" Indian Journal of Yoga Exercise & Sports Science and Physical Education,0975-265X, IV, 1 & 2, P-33, 2010.
- 7. "Activity Prescription for Management of Childhood Obesity", Journal of Education and Culture, 2229-4287, 3. P-23, 2011.
- 8. "Effect of 12 weeks Interval Training on Left Ventricular Morphology of Adoledcent Boys", **Sports Research quarterly**, 1,3 ,P-24,2012.
- 9. "Health, wellness and Fitness: A lifetime Approach", **Prachesta**, **2277-6125**, Vol2 &3, 2012.
- "Effect of Conditioning, Deconditioning and Reconditioning on Left Ventricular Wall Thickness and Mass of adult males", Futuristic Trends in Physical Education, 978-93-80144-63-4, II. P-286, 2013.
- 11. "A study of different types of Speed Development Among Different Age Group of School going boys student", **Man in Motion, 978-81-923488-8-9, P-219,2013.,**
- 12. "Effects of plyometric and Registance Training Programme on Fitness Performance of Rajbangsi boys", **Man in Motion, 978-81-923488-8-9**, P-252, 2013.,
- "A study on the Awareness Among Prospective School Teachers on The Right of Children to Free and Compulsory Education Act, 2009", Education for Sustainable Development in 21<sup>st</sup> Century, 978-81-925536-0-3, P-88,2015.
- "Elevation of Examination Related Stress in Adolescent and College Students", Education for Sustainable Development in 21<sup>st</sup> Century, 978-81-925536-0-3, P-112,2015.
- 15. "Effect of Yoga Nidra and Pranayama on Stress and Social Adjustment Capacity of College Youths", **Prachesta, 2277-6125,Vol 4&5,** P-22,2015
- "Comparative effects of Hata Yoga, Aerobic Training on stress and Anxiety of the College Male Students", Education for Sustainable Development in 21<sup>st</sup> Century, 978-81-925536-0-3, P-356,2015.

- 17. "A Study on Motor Fitness Among Elementary School Students," Education for Sustainable Development in 21<sup>st</sup> Century, 978-81-925536-0-3, P-371,2015.
- "Influence of Yogic Practices on Anxiety, Depression and Anger of Middle Aged Male", Education for Sustainable Development in 21<sup>st</sup> Century, 978-81-925536-0-3, P-381,2015.
- 19. "Effects of Eight Swimming Training on health Related Physical Fitness and Selected Biochemical Parameters o Adult Males", International Journal of Creative Research Thoughts, 2320-2882, 8,5, P-4250,2020.
- 20. Effect of Conditioning, Deconditioning and Reconditioning on LVEDD, LVESD, LVEDV and LVESV of adult males, **Juni Khyat**, **2278-4632**, 10,8,5,2020,P-37,
- 21. "Effect of Conditioning, Deconditioning and Reconditioning on Left Ventricular Functions of adult males", International Journal of Interdisciplinary and Multidisciplinary Research, 2456-4567, 5,8,2020, P-138
- 22. "Effect of Conditioning, Deconditioning and Reconditioning on Catecholaminr Responces of adult males", **International Journal of Creative Research Thoughts**, **2320-2882**, 8,10, P-3810,2020.
- 23. "Yoga: The Natural Immunity Booster", Universe International Journal of Interdisciplinary Research, 2582-6417, 1,6,2020, P-32
- 24. "Shifting Paradigm of Teaching and Learning During and AfterPandemic," International Journal of Interdisciplinary Research in Arts and Humanities, 2456-3145, 5,2,2020, p-28.
- 25. "Artificial Intelligence in the Field of Physical Education and Sports", International Journal of Scientific Research & Development,2321-0613, 8,9,2020, P-252.
- 26. "Role of Virtual Reality, Augmented Reality and Mixed reality in Physical Education and Sports", **International Journal of Science and Research,2319-7064,** 9,11,2020, P-1663.
- 27. "Application IoT in Sports and Physical Education", International Journal of Scientific Research & Development,2321-0613, 8,10,2020, P-
- 28. "Massage for Sports and Therapy: A systematic Review of Literature", International Journal of All Research Education and Scientific Methods, 2455-6211,8,12,2020, P-262.
- 29. "Yogic Diet for Immunity and Health", International Journal of Trend in Scientific Research and Development, 2456-6470, 5,1,2020, P-906.
- "Nutritional Periodisation in Sports: A Systematic Review," International Journal of Engineering Development and Research , 2321-9939, 8,4,2020.
- 31. " Physical Education, Innovation and Development of Virtual teaching as future option of teaching-learning in new normal", International Journal of Innovative Research in Engineering & Multidisciplinary Physical Science, 2349-7300, 6,8,2020.P-30.
- 32. "Yoga for the Development of Holistic Health , Quality of Life and Quality of Work in the New Normal", Journal of Science and Healthcare Exploration (JSHE) ISSN: 2581-8473 Volume – 2, Issue – 6, Nov-Dec – 2020
- 33. "Verbal and Nonverbal Communication in Teaching Physical Education and Sports", Universe International Journal of Interdisciplinary Research, 2582-6417, Volume-01/Issue-07/ Dec.2020.
- 34. "Role of Yoga for Enhancement of Sports Performance", International Journal of Multidisciplinary Research (IJMER), ISSN:2277-7881, Volume-9, 12(2) December 2020, P- 148-157.

- 35. "Technosports and Nanotechnosports", **International Journal of Innovative Research in Multidisciplanary Field**, Vol-6,12,December, 2020,
- 36. "Importance of self Talk in Sports Performance", **International Journal of Innovative Research in Multidisciplanary Field**, Vol-6,12,December, 2020.
- 37. "Robotics in Physical Education & Sports", **International Journal of Multidisciplanary Research**, Vol-10,1(1) January, 2021, pp 60-66.
- 38. "The Global Concept of Sports Tourism with Emphasis on Indian Perspective", International Journal for Modern Trends in Science and Technology (IJMRST), 7(02): 23-30, 2021
- "Nep 2020: A Game Changer For Physical Education and Sports", Kayum Sahid Bepari and Dr. K. Mukhopadhyay, International Journal of All Research Education and Scientific Methods (IJARESM), ISSN: 2455-6211 Volume 9, Issue 2, February -2021

#### **16. EDITORIAL BOARD MEMBER OF JOURNALS**

SI	Name of the Journal	ISSN No.	Position	Impact
No.				Factor
1.	Universe International Journal of Interdisciplinary Research ( <b>UIJIR</b> )	2582-6417	Editorial member	
2	Research Journal in Comparative Education, (RJCE)		Editor	
3	International Journal of Creative Research Thoughts (IJCRT)	2320-2882	Reviewer	7.97
4	International Journal of Interdisciplinary Research in Arts and Humanities ( <b>IJIRAH</b> )	2456-3145	Editorial member	5.225
5	Iraqi Journal of Social Science (IJSS)	2708-2555	Editor	
6	International Journal of Scientific & Engineering Research – (IJSER)	2229-5518)	Editor	4.2
7	International Journal of Science Annals (IJSA)	2617-2682	Reviewer	
8	International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)	2581-9429	Editor	4.819
9	Turkish Journal of Kinesiology	2459-0134	Editor	
1 <b>0</b>	World Wide Journal of Multidisciplinary Research and Development ( <b>WWJMRD</b> )	2454-6615	Editor	4.25
11	Journal of Educational Research in Devoloping Areas (JAREDA)	2735-9107	Editor	
12	International Engineering Journal for Research and Development ( <b>IEJRD</b> )	2349-0721	Editor	SJIF- 7.169
13	International Journal of Recent Advances in Multidisciplinary Research ( <b>IJRAMR</b> )	2350-0743	Editor	
14	International Journal of Current Research (IJCR)	0975-833X	Editor	7.749

15	<b>Faktor : Jurnal Ilmiah ependidikan,</b> Jakarta, Indonesia	2355-5475	Editor
16	North America Academic Research (NAAR) by World Association of Scientists and Professionals (WASP)		Associate Editor
17	International Advisory Council of Publication, Phillippine (PAREUUS)		Member

17. Work as Resource person in Seminer/ Webinar:

Sl.	Level	Title Organized by		Year	Country
No. 1	State Level	Recent Trends in Physical Education & Sports	SIPEW, Hastings House	2010	India
2	State Level	Physical Fitness RDK College,		2015	India
3	State Level	Sports Medicine	APC College	2015	India
4	State Level	Sports Injuries & First Aid	Students Health	2020	India
			Home, Murshidabad		
5	National	Covid19 PandemicHealth APC College		06.06.2020	India
6	International	InternationalSituation	UCT College	05.09.2020	India
7	International	Aspectcovid19	SS Mahavidyalaya	30.09.2020	India
8	International	Impact of YogaHealth RDK College		22.10.2020	India
9	International	International Sports	International	10.11.2020	Philippines
			Association of		
			Physical Education		
1.0			and Sports		
10	International	International Sports Coaching	International	19.12.2020	Philippines
			Association of		
			Physical Education		
11	International	An Effort to Establish	and Sports (IAPES) Physical Education	24.01.2021	Fiji Islands
11	International		Foundation of India	24.01.2021	1 iji islands
		<b>I</b>	I oundation of mala		
12	International	Physical Activity Programs	KOTO Association	29.01.2021	Malasia
12		Technology in Physical Fitness			
15	International	International conference on	IAPES	30-31 Jan, 2021	Philippines
	<b>*</b>	Gymnastics	LADEC	-	
14	International	World Conference on Sports	IAPES	5.02.2021	Thailand
		Sciences			

# 18. List of Seminar/Conference/ Symposium attended and presented papers:

Sl. No	Title of the Paper	Title of the Seminar/Conference/ Symposium	Venue
1.	Observation of injuries At Various Levels of Cricket Tournaments"	National Level Seminar on D O P E & S S In the 21 <sup>st</sup> Century	Department of Phy,Edu University of Kalyani
2.	"Injury Profile of	Indian Association of Sports	Bhopal

	Physical Education	Medicine		
-	Students: At a glance"			
3.	"Roentgenographic Training on	Indian Science Congress Association	Jadavpur University	
4	Adolescent Males" "Left Ventricular	Indian Saianaa Congress Association	Dunich University	
4.	Training Report"	Indian Science Congress Association	Punjab University, Patiala	
5.	Roentgenographic of adolescent males	UGC Sponsored National Seminar on M T E E, S C & W in 21 <sup>st</sup> Century	UCT College, Berhampore	
б.	Echocardiographic Interval Training	N S N C P E& S S	PGGIPE, Banipur	
7.	Activity prescription for management of childhood obesity	N S M T P E & SS	Department of Phy,Edu University of Kalyani	
8.	Effect of interval Adolescent Males	N C T & P in P E	Department of Phy,Edu. Visva-Bharati	
9.	Exercise : The wonder drug Exercise	SPORTSMEDCON 2011	Dep. of Phy,Edu. J.U	
10.	Health, Wellness and Fitness: A Life Time Approach	UGC Sponsored National Seminar on E S D in 21 <sup>st</sup> Century	UCT College, Berhampore	
11.	Effect of Conditioning, Adult males	ICFTPE-2013	Punjab University, Patiala	
12.	Effect of Conditioning, Deconditioning and Reconditioning on lvedd,lvesd, lvedv and lvesv of adult males	UGC Sponsored National Seminar on S D P E H, AL &W in 21 <sup>st</sup> Century	UCT College, Berhampore	
13	HealthApproach	ESD21st C	UCTC Berhampore	
14	Chair person in technical session	ICPEY&SS in 2020 Era	SIPEW, Kolkata	
15	Workshop	AP NAAC Accrediation	WBUTTEPA	
16	EffectMales	UGC Sponsored National Seminar on SDPEHALS &W 21Century	UCTC Berhampore	
21	Effect ofMales	IQAC International Seminar on MATE	UCTC Berhampore	
22	Fitness	International Seminar on HECS: PPR	ND B.Ed College, Murshidabad	
23	Orientation Programme	UGC AST BU	Burdwan university	
24	RC Computer Application	UGC AST BU	do	
25	Workshop	UGC HRDC BU	do	

### 19. List of Seminar/Conference/ Symposium/ FDP Attended :

1. National Webinar on "Media and Literature During COVID-19 Pandemic" Organized by R.B.Attal Arts, Science and Commerce college 2020.

- 2. National Webinar on "Mental Health at Workplace" Organized by Mahatma Gandhi Labour Institute,2020.
- 3. International Webinar on "Post Covid-19 Challenges in Physical Education-The impact of Pandemic on Educators, Physical activity and Well-being" Organized by BKNM University, Junagadh, 2020.
- 4. International Webinar on "Covid-19: Socio Cultural Implications & Path Ahead" Organized by Vidyasagar College of Education, 2020.
- 5. National Webinar on "Effective use of online E Resources and E Learning Platform for Quality enhancement", Organized by HDBCL of Assam down town University, 2020.
- Online 5 days FDP on "Artificial Intelligence", Organized by Sridevi Women's Engineering College, 2020.
- 7. International Webinar on "Exercise for Holistic Health and Wellness", Organized by PK College, West Bengal, 2020.
- 8. National Webinar on "Future Society-An Internet of Things & Artificial Intelligence Realm", Organized by JEPPIAAR Engineering College, Chennai, 2020.
- 9. National Workshop on "Development of Research Tools in Physical Education", Organized by CALEM, Punjab University, 2020.
- 10. International Webinar on "Yoga and Quality of Life", Organized by RKUP Kanpur, 2020.
- 11. International Webinar on "Health and Weight Management during Corona Days Through Lifestyle Changes", Organized by SS College, Kerala, 2020.
- 12. National Webinar on "Face Recognition using deep Learning", Organized by BITS Warangle, 2020.
- 13. Web Colloquium on " Corona, The unwanted Companion but an Invisible Teacher Organized by International School of Management, Patna, 2020.
- 14. National Webinar on "Delivery of Teacher Education in the time of Pandemic COVID-19", Organized by WBUTTEPA, West Bengal, 2020.
- 15. International Webinar on "Education, Health and Wellbeing in Covid-19: A Pandemic Challenge", Organized by NBS Mahavidyalaya, West Bengal, 2020.
- 16. Regional Webinar on " Exploring the mind of Child, organized by Eastern Zonal Psychological Association, 2020.
- 17. National Webinar on " Education: Quality, Accredation and Ranking", Organized by SKIT, Jaipur, 2020.
- 18. National Webinar on" Combating COVID with Yoga", Organized by Punjabi University, Patiala, 2020.
- 19. National Webinar on"Professional Development of Teachers through e-Resources", Organized by University of Allahabad, 2020.
- 20. National Webinar on, "Yoga & Meditation as a Therapy During Covid-19 Pandemic: Impact & Future Challenges" Organized by SD College for Women, Jalandhar, 2020.
- 21. International Webinar on "Health & Wellness Initiatives During and post Covid-19 Pandemic", Organized by IIMT University, 2020.
- 22. National Webinar on, "Future of Education post Covid" Organized by Mc Graw Hill, 2020.
- 23. National Webinar on, "Robotics-Connecting Engineering Minds" Organized by Mc Graw Hill, 2020.
- 24. National Webinar on, "Impact of AI during pandemic Times" Organized by Mc Graw Hill, 2020.
- 25. National Webinar on, " Sharpen the Saw- A guided Self Discovery," Organized by Global Career Counselor, 2020.
- 26. National Webinar on, "Yoga Prescription for Covid 19" Organized by FMN College Kerala, 2020.
- 27. National Webinar on, "Public speaking: Effective Delivery of Talks", Organized by UKSIMSR, 2020.

- 28. International Webinar on, "Enhancing Productivity: Addressing Development and Health Issue During COVID-19", Organized by Govt. College Baktare, MP,2020.
- 29. International Webinar on," Professional Learning", Organized by, Govt. TM College, Tamil Nadu,2020.
- 30. International Webinar on, "Sports Philosophy, Aquatics Pandemic Challenges, Dry Land Training, Mobility and Athletics Training," Organized by SGT University, 2020.
- 31. National Webinar on, "Image Processing Applications", AIMIT ST. Aloysius College, 2020
- 32. National Webinar on, "Anti-Doping", Organized by PEFI,2020
- 33. National Webinar on, "Education and Employment Under Post COVID-19", organized by LRV Arts and PRM Commerce College, Gujrat, 2020.
- 34. National Webinar on, "Gender Equality and Women's Rights", Organized by Govt. College Daman, 2020
- 35. National Webinar on "Exploring the Mind of Child", Organized by EZPA, 2020.
- 36. National Webinar on, "Spit-free India Movement, Organized by EPSON, 2020.
- 37. National Webinar on," Spirituality in Literature", Organized by SPMN Mahavidyalaya, 2020.
- 38. National Webinar on, "Child Safety & Protection", Organized by KLS Academy, 2020.
- 39. National Webinar on, " Design Brain Control Applications", Organized by Dr. B. R. A.N.I.T, Jalandhar, 2020.
- 40. National Webinar on, "Periodization of Training for Athletes," organized by G.T.Arts College, 2020.
- 41. National Webinar on, Detailed Method Writing Project Work, Thesis and Research Report", Organized by TK Education, 2020.
- 42. National Webinar on, "Innovative Pedagogy and Yoga Towards Wellbeing" Organized by Banipur Mahila Mahavidyalaya, 2020.
- 43. National Webinar on, Digital Transformation", Organized by Poornima IE&T, 2020.
- 44. International Webinar on, "Yoga as a Means of Healthnier Lifestyle During Corona Virus Pandemic, organized by University of Kalyani, 2020.
- 45. National Webinar on, "Digital Learning: Impact on Mental, Physical Health of Students in Present Scenario, Organized by People bridge, 2020.
- 46. International Seminar on, " Empowering Society Through Yog, Education and Olympic Values", Organized by Cluster University of Jammu, 2020
- 47. International Webinar on, "Disinformation and online Radicalization", Organized by Dum Dum Motijheel Rabindra Mahavidyalaya, 2020.
- 48. International Webinar on, "Application of technology in medicine-solving current global health problems" Organized by IMS Engineering College, Ghaziabad, 2020.
- 49. International Webinar on, "Corona and Obligations" Organized by Kind Beings, 2020.
- 50. National Webinar on, "Delivery of Teacher Education in the time of Pandemic Covid-19" Organized by WBUTTEPA, 2020.
- 51. Awarness Programme of Covid-19, Awarded by AIIPPHS,2020.
- 52. National Webinar on, "Navigation Through the Pandemic Physically, Mentally & Financially" Organized by Mentor Mitr, 2020.
- 53. National Webinar on, "Navigation Anxiety, Stress & Self Management," Organized by Mentor Mitr, 2020.
- 54. National Webinar on, "CSR in Changing Times", Organized by Prestige IM, Gwalior, 2020.
- 55. National Webinar on, "Sports Injury Management-A Scientific Overview", Organized by IA Degree College, 2020.

- 56. National Webinar on, "UGC-NAAC ACCREDATION STRATEGIES in INSTITUTIONS" Organized By, MES college ERUMELY, 2020.
- 57. International Webinar on "Healthy Society by Sports Women in the Gobal Pandemic," Organized by MPRPGGDC, M.P, 2020
- 58. National Webinar on, " Exploring and Understanding the New Normal during Covid-19 Pandemic", Organized by RKDF University, Bhopal, 2020.
- 59. National Webinar on" Collaborative Action Between Government and Academic Institutions", IIHMR University, 2020.
- 60. National Webinar on, "Emerging Fintech Roles in COVID times", Organized by JIM, 2020.
- 61. International Webinar on "covid-19b Pandemic: Lifestyle and Nutrition Issues" Organized by AMMT College,2020.
- 62. National Webinar on, "Mental Health at workplace", Organized by MGL Institute, 2020.
- 63. National Webinar on, "Physical Activity and Yoga as a Defense Mechanism for Covid-19", Organized by NV College, 2020.
- 64. National Webinar on, "Patanjal Yog Sutra", Organized by Yog Drishti, 2020
- 65. National Webinar on, "Holistic Wellness in Combating the Covid-19 Pandemic", Organized by SPM Visvavidyalayam,2020
- 66. Five Days Short Term Training Programme on" Analysis of Research Aspects of Effect of Stress on Physical and Mental Well-being" Organized by Department of Information Science and Technology, KLSGT, Karnataka, 2020.
- 67. National Webinar on, "Fitness During and After Lockdown" organized by GTN Arts College, 2020,
- 68. International Symposium on "m Paradigm Shift in Education:n Fron TReaching to Learning, Organized by ADAMAS University,2020.
- 69. International Webinar on "Respiratory Immunity and COVID-19", Organized by IUIS, 2020.
- 70. National Webinar on, "Easy Fitness at Home", Organized by Holy Cross College, Tamil Nadu, 2020.
- 71. National Webinar on, "Managing Stress Through a Strong Body" Organized by GTN A College, 2020.
- 72. National Webinar on, "Digital Thinking", Organized by JIM, 2020.
- 73. International Webinar on "Yogic Intervention for Health and Well Being during the time of Covid-19 Pandemic" Organized by Rajiv Gandhi University, Arunachal Pradesh, 2020.
- 74. National Webinar on, Role of Physical Education Teacher/Coach/Trainer during Emergency Health Situation for Society, Organized by NFA Prayagraj,2020.
- 75. National Webinar on, "Vice chancellor's Round Table on The Future of Higher Education in the New Era" Organized by GB School, 2020,
- 76. National Webinar on, "Strategies for Effective e-learning: Theoretical Foundations and Best practices" organized by JB School,2020
- 77. International Webinar on , " Truth about heavy resistance training: Why it's good for all of us" Organized by IAD College, 2020.
- 78. International Webinar on," Sports Therapy", Organized by KOTO Association, 2020.
- 79. International Webinar on," Physical Training & Rehabilitation", Organized by Mangalore University,2020.
- 80. International Webinar on," Nutrition and Health", Organized by Mangalore University, 2020.
- 81. National Webinar on, "National Education Policy-2020: It's Impact on Physical Education in Higher Education", Organized by Central University of South Bihar, 2020,
- 82. International Webinar on "Integration of Sports Science and Physical Education with National Education Policy 2020" Organized by IPASS&PE, 2020.

- 83. National Webinar on, "Online Teaching-Learning in Preview of National Education Policy" organized by BB College, Asansol,2020
- 84. International Webinar on "Importance and Relevance of Study of Music & Physical Education in Primary to Higher Education in the New Normal Situation", organized by UM Mahavidyalaya, 2020.
- 85. International Webinar on "Guideline for Writing Effective Research Article and Publishing in Good Impact Factor Journal" organized by MTCEE, 2020.
- 86. National Webinar on, "How to make physical Education course in distance learning? Padet, Worldwall and Baamboozle" organized by Educademi, 2020.
- 87. International Webinar on, "Post Covid Global Education: Challenges and Opportunities," organized by Cinnamara College, Assam, 2020.
- 88. National Webinar on, "Atmanirvar Bharat", organized by GIMS, 2020.
- 89. National Webinar on, "Effective utilization of ICT Tools in Conducting online Classes" organized by AGE Manipal, 2020.
- 90. International Webinar on, "Issues and challenges of elementary school students I Indo-Bangladesh Border areas of India", organized by SNG College, Hoogly, 2020.
- 91. International Webinar on, "Conid-19: Socio Cultural Implications & Path Ahead", Organized by Vidyasagar college of Education, 2020.
- 92. National Webinar on "Effective use of online E Resources and E Learning platforms for quality enhancement" organized by HDBCL of Assam, 2020
- 93. National Webinar on "Positive & Rational Thinking : Mental Health" oraganized by Kanya Mahavidyalaya, Maharastra,2020
- 94. World Conference on " Education in the 21<sup>st</sup> Century", organized by Dr. DV College of Education,Goa, 2020.
- 95. National online Orientation on "Google Sites" organized by TUTEA, Karnataka, 2020.
- 96. National online Workshop on "Online Assessment Tools" Organized by TUTEA, Karnataka, 2020.
- 97. National Webinar on "Prevention of lifestyle diseases for defeating Covid-19" organized by S Narayana College, Kerala,2020.
- 98. National Webinar on "Importance of Mental Wellness for prevention of Covid-19 & Lifestyle diseases" organized by S Narayana College, Kerala, 2020.
- 99. International Virtual Seminar on, "Pragmatic Approaches to Creat Lifestyle Management" organized by Govt. First Grade College, 2020.
- 100. National Webinar on "Importance of Yoga in Pandemic- Covid -19" organized by SBSSM, west Bengal, 2020.
- 101. National Webinar on "Holistic Approach for Fitness and Immunity Development Through Sports and Physical Education" organized by GFG College, 2020
- 102. National Webinar on "Sports First Aid and Injury Rehabilitation" organized by TNPES University, 2020.
- 103. International Virtual Seminar on, "Yoga and Ayurveda Envisage Healthy Society", organized by SRSM Mahavidyalaya, 2020.
- 104. National Webinar on "Role of yoga and Physical Education in making India Atmanirbhar" organized by GFG College, 2020.
- 105. State level Webinar on "Human Suffering & Spirituality" organized by JK College, West Bengal, 2020.
- 106. National Webinar on "Confidence Rebuilding in sportsmen through Physical Fitness and Stress management during Covid Pandemic" organized by ABSMID sciences,2020.

- 107. National Webinar on "Nutrition, Fitness & Mental Health : Striking a Balance" organized by 2020.
- 108. National Webinar on "Intellectual Property Rights in Sports" organized by BLC, Karnataka, 2020.
- 109. International Webinar on "Need of Good Health: Role of Yoga" organized by KBR College, 2020.
- 110. International Webinar on "Role of Yogic Practices in prevention and management of communicable diseases" organized by KUVEMPU University, 2020.
- 111. International Conference on "Physical Education & Sports Coaching" organized by IAPES, 2020.
- 112. National Webinar on "Research Trends in Teacher Education" organized by CTEFKK, Bangaluru, 2020.
- 113. Sports Science, Master Class organized by LJI S Management, 2020.
- 114. International Webinar on "Re-Negotiation and Educating Emotional Intelligence in Pandemic" organized by Bankura University, 2020.
- 115. National Webinar on "Intellectual Property :, Powerhouse for Innovation and Creativity" organized by APCAC, Pilani, 2020.
- 116. National Webinar on "Physical Fitness, Exercise and Immunity in Post Covid-19" organized by SMCS, 2020.
- 117. International Webinar on "Self Management: Key to Success and Happiness" Organized by FCMS, 2020.
- 118. National Webinar on "National Education Policy 2020: Change the Landscape of Indian Learning" Organized by FCMS, 2020.
- 119. National Webinar on "National Education Policy 2020: A Review" organized by JSC, 2020.
- 120. National Webinar on "Yog Dhara" organized by BNC, Delhi, 2020.
- 121. International Webinar on "Electromyography- Applications in Sports" organized by Mangalore University, 2020.
- 122. International Webinar on "Impact of Positive reinforcement on Children with Special Needs" organized by Eblity, 2020.
- 123. National Webinar on "The role of Physical Education Teachers During Pandemic, COVID-19" organized by DCPE, Amravati, 2020,
- 124. National Webinar on "Intersectionality: Reflections on Gender and Race", Organized by DMGRE&R Institute,2020.
- 125. National Webinar on "Physical and Mental health during Covid-19 Lockdown: A practical Approach' organized by Govt. College, Jaipur, 2020.
- 126. International Webinar on, "Physical Activities for Elderly people & other Chronic Disesses" Organized by Mangalore University,2020.
- National Webinar on "Managing Stress During The Covid-19 Outbreak" organized by IYDS,
  2020
- 128. National Workshop on "Niramoy Yog Jivan" organized by ASJBRC Mahavidyalaya, 2020
- 129. International Webinar on "Computer Application in Sports" organized by SEA, 2020
- 130. International Webinar on "Social and Psychological Impact of Covid Era" organized by Vidyasagar College of Education, 2020
- 131. National Webinar on "AI– Virtuality in Reality" organized by SDCCE, 2020
- 132. International Webinar on "Sports Training" organized by KOTO Association, 2020
- 133. National Webinar on "Who AM I" organized by Arts of Bliss, Odisha, 2020

- 134. International Webinar on "Motivating Youths in Covid 19 Pandemic" organized by NB Mahavidyalaya, 2020
- 135. International Webinar on "Contemporary global Scenario in Physical Education, Yoga and Sports" organized by SMPGG, 2020
- 136. National Webinar on "Injury Management- A Scientific Overwiew" organized by IC Degree College, Karnataka, 2020.
- 137. National Webinar on "National Education Policy-2020" organized by BBM College, 2020
- 138. National Webinar on "Sports for LIfe" organized by AMET, 2020
- 139. International Webinar on "Sports Engineering" organized by SE Association, 2020
- 140. International Webinar on "Yoga : The holistic approach to physiological and psychological homoeostasis" organized by GGD College, West Bengal, 2020
- 141. National Webinar on "Practical Aspect of Yoga for Promotion of Personal Health" organized by Khejuri College, 2020
- 142. National Webinar on "Dimentions of Physical Fitness to achieve Holistic Health" organized by JNMPG college, U.P., 2020
- 143. National Webinar on "National Education Policy 2020: Prospects and Challenges in Higher Education in India" organized by Raghunathpur College, 2020
- 144. National Webinar on "Management of Stress and Anxiety through Yoga" organized by BAC College, 2020
- 145. National Webinar on "Yoga for Holistic Wellbeing" organized by PB College, 2020
- 146. National Webinar on "Recent Trends in Literacy Studies" organized by MUCW college, 2020
- 147. National Webinar on "Maintenance of Physical Fitness during Pendemic Period" organized by Bethuadahari College, 2020
- 148. National Webinar on "Leadership: From the Eyes of Hon. Shri. APJ Abdul Kalam" organized by MD College, 2020.

#### 20. PROFESSIONAL MEMBERSHIP:

- A. West Bengal State Chief Secretary of Human Rights and Social Justice Mission
- **B.** Executive member of physical foundation of India (PEFI), West Bengal Chapter, India.
- C. Foreign Advisory member of International Association of Physical Education and Sports (IAPES), Phillipines.
- D. Member of Indian Health and Sports Organization (IHSO), India.
- E. Member of International Advisory Council for publication, Philippine Association of Research Practitioner, Educators, and Statistical Software Users, Inc (PAREUUS),2021.\
- F. Member of International Association of Sports Kinetics, Poland

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Dr. Kishore Mukhopadhyay